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RULES AND REGULATIONS

All team officials and members should familiarize themselves with the following:

All players must pay and play on an N.A.S.C. House League hockey team in order to play on an N.A.S.C. Select hockey team. Failure to do so may result in removal of the privilege to play Select hockey.

The N.A.S.C. Select program will be governed by the rules contained in the following pages and those adopted by Hockey Canada, Ontario Hockey Federation (“OHF”) and the Ontario Minor Hockey Association (“O.M.H.A.”) and N.A.S.C. Hockey Rules, N.A.S.C. Hockey Policies’ and Procedures and shall comprise the only valid rules governing play of Oshawa N.A.S.C. Hockey and its Select program.

The formation of Select teams are an extension of the N.A.S.C. Hockey Program. As such, the N.A.S.C. Select Program is a privilege. It is to be noted that players who participate in the N.A.S.C. Select program may have their select privileges revoked at any time by the N.A.S.C. Hockey Executive (acting reasonably) with just cause.

Select players are obligated to fulfilling their commitment to their N.A.S.C. House League team before playing for a Select team. The formation of Select teams will be governed by N.A.S.C. Hockey. No team will be formed before N.A.S.C. Hockey registration has taken place. Only Players registered on an official O.M.H.A. House League approved roster can play on a Select team.

The frequency of games played by a “Select Team” shall be governed by the O.M.H.A.

The League Registrar is to receive a copy of each original game sheet, exhibition game sheet or tournament game within twenty-four 24 hours of the completion of the game. In the event that an electronic device is used, a team official MUST inform the League Registrar within 24 hours so that a copy can be retrieved through the OMHA portal.

N.A.S.C. Referees and Timekeepers must be scheduled through the Referee-In-Chief and the Timekeeper Co-ordinator for all N.A.S.C. Select home games within Oshawa.

The Select Convener, O.M.H.A. Rep and the Hockey Committee Chair must authorize all “Select Team” games.

Only one (1) Select team per age group will be permitted upon approval of the Hockey Executive.

Select teams may only wear and or use approved N.A.S.C. Select jackets, track suits, equipment bags or any other related merchandise without deviation prior to receiving written approval of the N.A.S.C. Hockey Committee.

No other logos or any writing may appear on N.A.S.C. Select Executive jackets, track suits, etc. without prior written approval of the N.A.S.C. Hockey Committee.

Select apparel purchases are the sole responsibility of the parent/guardian.
The N.A.S.C. Hockey program is NOT liable for any incurred expenses.

CODE OF CONDUCT

N.A.S.C. Select officials along with the team's coaching staff and players will project a professional and responsible image at all times. To achieve this goal, all participants must remain in compliance with the N.A.S.C. Hockey Code of Conduct and/or any future mandatory governing body requirements.

The following activities ARE NOT acceptable and may result in disciplinary action including removal of select privileges:

- ☞ Showing disrespect to any Hockey Executive member, fellow coaches, team officials, players, and referees or off-ice officials.
- ☞ The use of profane language towards anyone under any circumstance while representing N.A.S.C. Select Hockey.
- ☞ The consumption of Alcohol and/or recreational drugs by players or coaching staff prior to games or contact with players.
- ☞ The wilful destruction, vandalism or mishandling or stealing others property.

1. SELECT TEAM HEAD COACH APPLICATION

- (1-1) Anyone wishing to coach a Select team must submit a completed Select Team coaching application form by the established date to the N.A.S.C. Select Convener and Chairperson.
- (1-2) Select team coaches must have a current and valid coaching card to be considered for this position.
- (1-3) Select team coaches shall be selected by the N.A.S.C. Hockey Executive in conjunction with an adhoc committee assembled for this process.
- (1-3a) Subsequent to the selection of the Head Coach, all coaching staff members MUST be presented and approved by the N.A.S.C. Hockey Executive.

2. TRYOUTS (after registration and before start of the regular season)

- (2-1) A Select team tryout run by the N.A.S.C. Select Program will take place prior to the start of the regular season.
- (2-2) No Select team may hold tryouts prior to the registration for the up-coming season or have any players notified that they have a position the next year.
- (2-3) The N.A.S.C. Hockey Committee in conjunction with the Select Convener will secure ice for Select Tryouts.
- (2-4) Players trying out as Select players must attend the first or second tryout to be considered for the team.
- (2-5) The Select Convener and/or their delegate must be present for any releases to be

conducted by the coaching staff (i.e. tryout cuts.)

3. COMMUNICATIONS AND CORRESPONDENCE

Communication is an important factor in the operation of a successful organization. In an effort to head off any misunderstanding or misinformation the following procedure is in effect:

- (3-1) All correspondence dealing with internal team operations and philosophies must be approved by the N.A.S.C. Hockey Executive prior to being distributed.
- (3-2) All correspondence must go through the Select Convener.
- (3-3) No one is to approach the coaching staff with negative comments prior to or immediately following a game. A 24-hour cooling off period is to be observed before speaking to the coaching staff. All communications must go through the team manager first.

4. TEAM FINANCES

- (4-1) League Treasurer will setup a bank account for each Select team. No individual bank accounts are permitted.

Select team accounts will NOT be closed or balances paid to the team until all N.A.S.C. Hockey property has been returned to the league.

Select registration fee is to be paid by cheque and/or cash to the League Registrar accompanied by a league registration form. In the event a family would like to pay the season fees (including registration), this can be done using a credit card processed by the league providing the fees are paid in full. Partial payments using credit are not permitted.

All house league obligations must be up-to-date and paid first before being accepted into the select program.

All team payments (Season fees and/or partial payments, ice time, etc.) will be made by cheque payable to N.A.S.C. Hockey and delivered to the team Manager who in turn will provide team payment(s) to the League Treasurer.

Partial payments are to be provided in four (4) equal instalments over the course of the season.

- (4-2) Each N.A.S.C. Select Hockey Team will provide a monthly financial statement upon submission of monthly ice fees to the Treasurer.
- (4-2a) Financial statements should clearly show the expenses and income for the team. Absolutely no miscellaneous expenses shall be allowed.
- (4-3) The League Treasurer will retain the financial statements.

- (4-4) All monies associated with each Select Team will be dispersed solely for those active players and that team.

Select apparel purchases are the sole responsibility of the parent/guardian. The N.A.S.C. Hockey program is NOT liable for any incurred expenses.

ALL Select team business and functions must be completed by June 1st at the close of the current season.

5. FUNDRAISING

- (5-1) Any proposed Select Team fundraising activities must be provided in writing and approved in advance by the Hockey Executive and Select Convenor.
- (5-2) Fundraising activities will not be permitted to conflict or compete with any other N.A.S.C. Select or arena function or activity.
- (5-3) All sponsorships must be handed in to the League Treasurer. All sponsorships are subject to approval by both the Hockey Executive and Select Convenor. All monies must be made out payable to N.A.S.C. Hockey who in turn will provide payment to the team.

6. LOGO

The N.A.S.C. Hockey Logo and the N.A.S.C. Hockey Falcons Select Logo is the exclusive property of N.A.S.C. Hockey. It may not be altered or reproduced in any manner or for any purpose and may only be used with the expressed written consent of the N.A.S.C. Hockey Executive.

7. EXHIBITION GAMES AND TOURNAMENTS

- (7-1) Absolutely NO games and/or tournament game play will be permitted until the following conditions have been met:
1. All N.A.S.C. Divisional house league rosters have been approved by OMHA. A Select team roster WILL NOT be approved until the entire division to which the team is being rostered has been approved.
 2. Rostered Select team rosters for the division in question, have been approved by O.M.H.A. and provided to the League Registrar
 3. Formal communication has been provided by the League Registrar to the coaching staff and Select Convenor
 4. An approved O.M.H.A. travel permit has been provided.
- (7-2) All exhibition games and /or tournaments require the prior written approval of the N.A.S.C. /O.M.H.A. Rep the N.A.S.C. Hockey Chairperson including the N.A.S.C. Select Convenor or the N.A.S.C. Head Convenor.

Fully signed document must then be provided to the League Registrar to be submitted to O.M.H.A. to acquire a travel permit.

- (7-3) Permission for game play will only be granted when it is established that no conflicts exist between regular scheduled house league games or any other exhibition and/or tournament game or any N.A.S.C. Hockey function.
- (7-4) Teams must comply with all O.M.H.A. regulations and pay all fees associated with their applications.

8. REMOVAL FROM TEAM

A Select team will not release any player who is signed to a Select Team unless one (1) of the following criteria are met: non-payment of fees to either house league or select, unresolved discipline issues, health related issues, player/family moves out of area.

- (8-1) The coach or coaching staff speak to the player and the parents of the player and explain the reason for the decision to release the player.
- (8-2) The Select Convenor and/or their delegate approves the team's written request to remove the player.
- (8-3) Once a player has signed with one Select team, they cannot move to another Select team unless the first team no longer exists.
- (8-4) The Select Convener must notify the League Registrar(s) and have the player's removal from the team roster completed within seven (7) calendar days. Once released, they cannot play on another Select team.
- (8-5) Without delaying a player's request for removal from the team roster, the Select Convener may request an exit interview to determine or investigate any extenuating circumstances surrounding a player's request for removal from a Select team.

9. TEAM OFFICIAL QUALIFICATIONS

- (9-1) All team officials must be certified as per O.M.H.A. Manual of Operations.
- (9-2) All N.A.S.C. Select team coaches **MUST** have a current and valid certification and must have successfully passed the O.C.C.N.A. screening process.
- (9-3) All N.A.S.C. Select teams **MUST** have a current certified trainer on their bench for their games and who has successfully passed the O.C.C.N.A. screening process.
- (9-4) Only valid carded team officials may go behind the bench.
- (9-5) There will be a maximum of five (5) coaching staff and a minimum of three (3) carded team officials per team consisting of Coach, Trainer, Manager, Asst. Coach, Asst. Trainer.
- (9-6) It is the responsibility of the League Registrar and Select Convener to ensure that all Select team coaching staff have current and valid O.M.H.A. certification prior to being registered onto the team roster and confirmed prior to going on the bench.

10. TEAM EQUIPMENT, Jacket, Track Suits, Sweaters

- (10-1) All apparel must be purchased through N.A.S.C. Hockey's chosen apparel provider
- N.A.S.C. Select team jackets, track suits, equipment bags or any other related merchandise must receive written approval by the N.A.S.C. Hockey Executive and Select Convenor
- (10-2) No other logos or any writing may appear on N.A.S.C. Select jackets or track suits without prior written approval of the N.A.S.C. Hockey Executive and Select Convenor.
- (10-3) One pair of home/away socks will be provided to the team.
- (10-4) Select sweaters must be returned within fourteen (14) days following the completion of the final regular season or playoff or tournament games.
- (10-5) All player and sponsor names may only be put on the Select sweaters in the form of name bars and are to be removed at the end of each season by N.A.S.C. Hockey's chosen apparel provider.
- (10-6) No additional patches or emblems of any kind are to be permanently or temporarily attached to any portion of the Select sweaters.
- (10-7) Sweaters are to be retained by the coaching staff or a designated team equipment caretaker between games and are not to be taken from the arena by a player. These sweaters should be washed or dry-cleaned on a regular basis.
- (10-8) The only game sweaters to be used by any Select Team will be the sweaters provided by N.A.S.C. Hockey.

11. ADDITIONAL ICE TIME

- (11-1) Additional ice time arranged by a Select team must be booked under the coach's name and will be the financial responsibility of the coach of that particular team. An additional insurance rider provided by the venue must also be purchased. Additional ice time should be requested from the League Scheduler prior to booking any ice time.
- (11-2) Under no circumstances will the N.A.S.C. Hockey Committee be responsible for any payment of ice time other than that which is booked by the N.A.S.C. League Scheduler.

12. SUSPENSIONS

- (12-1) All suspensions will be served in House League as per O.M.H.A. guidelines. Suspended players playing House League cannot play Selects or House League until suspensions have been served.

- (12-2) It is the responsibility of the members of the coaching staff to become familiar with the Rules and Regulations of N.A.S.C. Hockey and the O.M.H.A. Manual of Operations
- (12-3) Failure to comply fully with the Rules and Regulations of the N.A.S.C. Select Hockey Program or O.M.H.A. rules will result in the suspension and/or termination of players and/or coaching staff.
- (12-4) Suspended players or coaches are prohibited from entering the dressing room or corridor area as per O.M.H.A.
- (12-5) Suspended players or coaches are not permitted at ice level during any games.

13. TEAM MANAGEMENT (Details)

- (13-1) **Each member of the Coaching staff must be certified and have valid credentials to be placed on a Select team roster.**
- (13-2) A Select Coach may not be a Coach in any other hockey organization unless provided the authority to do so by the Hockey Executive.
- (13-3) Team coaching staff must inspect dressing rooms for damage before and after each game or practice. Any damage is to be duly documented and brought to the attention of the facility operators and the respective Divisional Convener. Teams will be invoiced for any damages that they fail to report or are directly attributable to them.

14. AP PLAYERS

- (14-1) The selection of AP Players and their subsequent use shall be at the discretion of the Head Coach.
- (14-2) AP players may only be called up to replace absent players. Called up AP players shall be treated as a regular team member.
- (14-3) AP players are eligible to participate in any and all practices and team training sessions.
- (14-4) In the event that an AP is offered to replace an active player, the player is now responsible for registration fees.

15. N.A.S.C. SELECT CONVENOR

The Select Convenor is appointed by the N.A.S.C. Hockey Committee for a one (1) year term.

Qualifications:	Common knowledge of the workings of the Hockey Committee
Role:	<p>To oversee the operations of the Select Division.</p> <p>To work in co-operation with the Operating Committee and the Hockey Committee. To look after the day-to-day operation of the division in which they convene.</p> <p>Attend O.M.H.A. scheduling meeting to help facilitate assigned ice for teams to build their exhibition game play season schedule</p>
Duties	<p>Select Convenor will be required to keep the League Registrar informed of all Select Division undertaking and is required to report to the Hockey Committee at the monthly meeting</p> <p>To report any problems arising within their division to the Head Convener. Execute and implement all ideals, policies, and rules set by the N.A.S.C. Hockey Committee to their division</p> <p>To participate in hockey committee meetings as an active participant</p> <p>Advise the 1st Vice-Chairperson, Discipline Chair and Head Convener of any off-ice incidents which requires a hearing for disciplinary action</p> <p>To enforce player/team suspensions and penalties as delivered according to OMHA including the guidelines of N.A.S.C. Hockey Rules & Policies.</p> <p>To ensure that all player/team suspension and penalties are served and that those player/team suspensions are served “behind the glass” and away from the ice surface.</p> <p>To support player/team suspensions and penalties as applied by coaches providing the suspension/penalty delivered is within the guidelines of N.A.S.C. Hockey Rules & Policies</p> <p>Must arrive at the arena at least thirty (30) minutes before the 1st. game time to organize the dressing rooms, team roster/game sheets</p> <p>Act as the secondary contact to the park hockey chair between the parents and the N.A.S.C. Hockey Committee and to promote regular positive communication between all parties, participants/players, parents, coaches and the N.A.S.C. Hockey Committee</p> <p>To forward a list of any suspensions to the Head Convener, 1st</p>

Vice-Chairperson, Discipline Chair and Chairperson

Upon direction from the League Registrar, oversee and control the interchange of affiliated players in accordance with Oshawa Minor Hockey Association. Such movement opportunities will be executed in compliance with the O.M.H.A. Player Affiliation Rules and Regulations

All game sheets must be handed in to the Head Convener on a regular basis

To avoid conflicts of interest in the performance of their duties

16. N.A.S.C. ASSISTANT HOCKEY TREASURER

The Assistant Hockey Treasurer is appointed by the N.A.S.C. Hockey Committee for a (1) year term.

Assistant Hockey Treasurer

Role: To oversee the finances of the Select teams.

Duties: To collect monthly ice fees and statements from Select team managers and oversee all financial duties as directed by the N.A.S.C. Hockey Treasurer.